

Vegetable Seed Starting Dates

New to vegetable gardening? One of the biggest challenges in growing a successful garden is figuring out which varieties need to be started indoors, what can be direct sown and when. Seed starting time lines are based on when the last frost will happen in your region. Many varieties are sensitive to cool temperatures but have a long growing period, this means they must be started indoors well ahead of the planting out date. Using this chart can help gardeners determine when to start seeds indoors and when to direct sow out the garden.

*Please note that frost free dates can change from year to year - always monitor the weather patterns within your region.
Typical frost free growing season: June - September

Start Indoors — Transplant out — Direct Sow —

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Bush Beans					—	—	—					
Pole Beans					—	—						
Beets					—	—	—	—				
Broccoli				—	—	—	—					
Brussels Sprout				—	—							
Cabbage				—	—	—	—					
Carrots					—	—	—					
Cauliflower				—	—	—	—					
Celery			—		—	—						
Corn					—	—						
Cucumber				—	—	—						
Eggplant			—	—	—	—						
Kale				—	—	—	—					
Kohlrabi				—	—	—	—					
Leeks		—	—	—	—	—						
Lettuce / Greens				—	—	—	—	—	—			
Melons				—	—	—						
Onion Seed		—	—		—	—						
Onion Sets					—	—						
Parsnips					—	—						
Peas					—	—						
Peppers			—	—		—	—					
Pumpkins & Winter Squash					—	—						
Radish					—	—		—	—			
Spinach					—	—		—	—			
Summer Squash					—	—	—					
Swiss Chard					—	—		—	—			
Tomatoes			—	—		—	—					